**First Best Practice**

**Name of the Practice: Special Initiatives for Slum Children**

**Objectives of the Practice:**

1. To use education as a basic tool to empower children in slum areas as it provides for economic advancement to the greater extent.
2. To ensure emotional, psychological and social growth of the children in slum areas of the Dabwali City.
3. To provide easy access to education, health, nutrition and other recreational facilities for the students developing in slums of Dabwali
4. To ensure all round development of the children in slum in Dabwali.

**Context:**

Education is a powerful weapon through which people of a society can be empowered. At the same time, the individual growth in economic and social terms can also be achieved ultimately contributes to the growth of a community. The issues related to the education of slum children has always been a big issue that requires immediate and concrete solution. The most of the residents of these areas are the migrant. They migrated in search of livelihood. The educational opportunities are generally not provided to the migrant children as they engage in menial work to escape the poverty and works as support system to their parents in economic terms. The attainment of education can offer ample opportunities proper to ensuring the required level of nutrition, healthcare and other amenities necessary to live a comfortable life.

**The practice:**

The frequent visits of the faculty of our institution helped the children in slum areas to get admitted to schools. The worth of education was explained by our skilled teachers to their parents. Efforts were made to help the children to understand their rights and motivated them to be the role models for their younger ones. Some of the basic and important subjects like English, mathematics, Basic Computers were taught by our teachers. The students were provided with stationary items, clothes and other amenities and the fullest use of the same was also made sure by the institution. Children were also encouraged for computer literacy. some of the basic concepts about computer and internet were also discussed with them. The teachers of the college focused on providing counselling and economic support to children in time of need. A helping hand in respect of economic and emotional term was given to the children during their admission process. The college and staff members helped them with financial aid to support their expenses of education. Some classes on music and dance were also arranged to ensure all round development of the slum dwellers. The worry about paying tuition fees travel expenses and clothing was no longer a cause of concern for these children. So, the institution made early and every effort to build the capacity of learning in less fortunate children as the remedial classes were taken by the teachers of the college frequently throughout the year and the preceding years also. The endeavour was also made to secure a healthy, hygiene and beautiful environment for them and only a teacher can change their life for the betterment.

**It's Uniqueness in Higher Education System:**

A majority of the children in slum areas go to schools but the facilities and quality of facilities provided there is low. The children residing in these areas are not able to purchase textbooks due to the poor economic condition at home. As the children grow up, parents start building pressure on them to leave school to join them as an earner for the families. So, a majority of children in slum were forced to stop attending school after reaching a certain age. They considered education a waste of time and energy. So, it becomes the responsibility of the educational institutions to help those children in need with money and education.

**Evidence of Success:**

1. They become able to learn things faster and in an interesting way.
2. They become more excited about their future needs and the role of education in the fulfilment of the of the same.
3. The health and mind have become stronger. They gained confidence and started interacting with teachers and other volunteers with no hesitation in their minds.

**Second Best Practice**

**Name of the Practice: Niyuddh (Self-Defence Training to Students)**

**Objectives:**

1. To enhance physical and mental fitness of the females in the area.
2. To improve the flexibility of the physique given the fact that chances of receiving injuries injuries are low in case of flexible body.
3. The intensive physical activities allow us to burn calories faster and lower our food craving that automatically help us greater to lose our weight.
4. To make girls and women self- dependent in regard to their defence and safety.
5. To raise the level of self-confidence and empower women in the society as women need not be dependent on someone else for their protection or safety when on one is not there to help.

**Context:**

All are aware about the worsening condition of Indian females in our society. Since long Indian women were forced to accept domination and exploitation of their male counterpart. However, women have always shown great courage and determination to raise voice against this exploitation and also initiated fight against this injustice executed by males on them. The Indian women are not supposed to be safe and secure anywhere as suggested by the current conditions of the society. The increase in the incidents of violence and crimes against females in forms of rapes, kidnapping and domestic violence present emergent need to make them self-dependent and empower them with more abilities and capabilities to improve the situation.

**The practice:**

A special camp was organised by the college under the supervision of Dr. Poonam Wadhwa, Associate Professor (English) to impart self-defence training to girls in the area. The students of the college attended and participated in this training camp. Along with those of college student’s participants other than college i.e., girls from Dabwali city and villages of the districts were also allowed to participate and got benefitted from the various defence skilled taught and shared in this training programme. As many as 30 girls from various areas in the district took part in the programme to inculcate this interesting and valuable artform.

It focused on various skills like kicking, punching and throwing. skills like punching and kicking were imparted to girls to make them able enough to face the opponent resourcefully and successfully and stop the opponent away from them. The training programme talked about various forms and techniques significant from the point of view of self-defence of females in the country. Initially, the varied techniques were communicated theoretically that was followed by the practical knowledge at the later stage. The participants were helped out to arise their conscious and apprehension about different approaches and profuse techniques used in the self-defence. They were made aware about whole procedure and method of working in self-defence. A numerous of plans of attack with hands, legs and body were passed on very articulately with exposition of various postures of body in the event of attack from varied directions. Various methods and ways to maintain physical and mental health and fitness were also elaborated and deliberated to make the participants more conscious about these empirical basics of our life.

**Uniqueness in higher education system:**

Emphasis was given time and again on the education of self- defence so that the skill for self-defence can be inculcated in girls at higher education institutions. Curriculum should be formed to incorporate the importance of self -defence for girls in India. In a society like us we need to teach our girls to identify and realise their strength and power. Females are not weak irrespective of their physical and mental status but their patriarchal society has made them to accept the lie as a harsh reality of their life. So, by organising such types of training camps for self- defence for girls in higher education institutions can make women stronger and also served to the greater extent and provides a very secure and environment for the girls in the society. It will help them to become God for own self when no one comes to help them. So, this training session was organised to prepare students and other women to thwart any bad bid.

**Success :**

1. The camp motivated and enhance the confidence level of the participant. They become more empowered to retaliate with the proviso that crime and injustice is taking place against them.
2. They are confident about their safety as now there have no longer to rely on others for their rescue on the assumption of any unexpected happening.
3. They become more active and Alert.
4. They were endowed with a sturdy and flexible body that was also the outcome of this training camp organised by our institution.as also achieved by them through this training.

**Limitations:**

Sometimes, students were not able to accord proper time and energy as per the requirement of the camp given the poor health condition of the some of the participants. They felt fatigued over and over again.